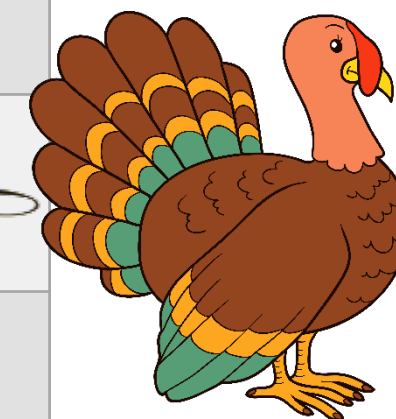


# Meridian Elementary school district Breakfast/Lunch menu November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		No school	<u>Breakfast</u> pancakes <u>Lunch</u> fish sticks pasta salad	<u>Breakfast</u> lucky parfait <u>Lunch</u> corn dogs French fries
6	7	8	9	10
<u>Breakfast</u> assorted cereal <u>Lunch</u> Spaghetti garlic bread	<u>Breakfast</u> Cowboy bread <u>lunch</u> cheeseburgers baked beans	<u>Breakfast</u> bagel and yogurt <u>Lunch</u> hot dogs macaroni salad	<u>Breakfast</u> egg and cheese sandwich <u>lunch</u> French bread pizza salad	
13	14	15	16	17
<u>Breakfast</u> assorted cereal <u>Lunch</u> chicken nuggets French fries	<u>Breakfast</u> yogurt parfait <u>Lunch</u> bean burrito Mexican rice	<u>Breakfast</u> French toast squares <u>Lunch</u> chicken alfredo garlic bread	<u>Breakfast</u> scrambled eggs <u>Lunch</u> turkey tacos Mexican rice	<u>Breakfast</u> pancakes <u>Lunch</u> turkey sandwich mashed potatoes
20	21	22	23	24
<b>Fall break – Happy Thanksgiving</b>				
27	28	29	30	
<u>Breakfast</u> assorted cereal <u>Lunch</u> Grilled cheese sandwich Tomato soup	<u>Breakfast</u> bagel and yogurt <u>Lunch</u> tuna sandwich potato chips	<u>Breakfast</u> cowboy bread <u>Lunch</u> nachos refried beans	<u>Breakfast</u> egg and cheese sandwich <u>Lunch</u> chicken noodle soup garlic bread	



Breakfast is served daily starting at 7:30 am and Lunch starting at 12 pm. Cafeteria doors will remained locked until 7:30 am. Breakfast includes an entrée, fresh fruit, milk, and fruit juice. Lunch includes an entrée, fresh vegetable, fruit, and milk. Peanut butter and jelly sandwiches are available as a substitute daily. If you have any questions or concerns please contact Ms. Amanda at (530) 696-2604 ext. 104.

