## Meridian Elementary Breakfast/Lunch Menu September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <u>Breakfast</u> Lucky rainbow parfait <u>Lunch</u> Turkey tacos Mexican rice
4 <u>Breakfast</u> No School Labor day	5 <u>Breakfast</u> Assorted cereal <u>Lunch</u> sloppy joes green beans	6 <u>Breakfast</u> scrambled eggs <u>Lunch</u> Hot dogs mac salad	7 <u>Breakfast</u> bagel and yogurt <u>Lunch</u> chicken alfredo whole wheat rolls	8 Breakfast muffins Lunch nachos refried beans
11 <u>Breakfast</u> Assorted cereal <u>Lunch</u> corn dogs French fries	12 <u>Breakfast</u> cowboy bread <u>Lunch</u> turkey sandwich Doritos	13 <u>Breakfast</u> French toast sticks <u>Lunch</u> Spaghetti whole wheat rolls	14 <u>Breakfast</u> egg and cheese sandwich <u>Lunch</u> Cheeseburgers Baked beans	15 <u>Breakfast</u> Fresh fruit parfait <u>Lunch</u> French bread pizza salad
18 <u>Breakfast</u> Assorted cereal <u>Lunch</u> fish sticks pasta salad	19 <u>Breakfast</u> Bagel and yogurt <u>Lunch</u> Turkey ranch wrap potato chips	20 <u>Breakfast</u> Scrambled eggs <u>Lunch</u> Chicken nuggets French fries	21 <u>Breakfast</u> French toast squares <u>Lunch</u> bean burrito Mexican rice	22 <u>Breakfast</u> muffins <u>Lunch</u> Macaroni and cheese whole wheat rolls
25 <u>Breakfast</u> Assorted cereal <u>Lunch</u> Tuna sandwich Potato chips	26 <u>Breakfast</u> yogurt parfait <u>Lunch</u> hot dogs mac salad	27 <u>Breakfast</u> Egg and cheese sandwich <u>Lunch</u> Chicken alfredo whole wheat rolls	28 <u>Breakfast</u> Cowboy bread <u>Lunch</u> Turkey sandwich Doritos	29 <u>Breakfast</u> Bagel and yogurt <u>Lunch</u> Cheeseburger baked beans

